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Integrated Medicine for Neurologic Disorders

Sidney Kurn MD, Sheryl Shook PhD

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Integrated Medicine for Neurologic Disorders Sidney Kurn MD, Sheryl Shook PhD
Integrated Medicine for Neurologic Disorders addresses herbal and holistic medicine for brain health and neurological disorders. This book can help patients and medical practitioners to integrate Western medicine with herbal and holistic medicine to reduce symptoms and slow disease progression.

The authors are Sidney Kurn, M.D., a neurologist who also practices acupuncture and holistic medicine, and Sheryl Shook, Ph.D., a physiology professor with a Ph.D. in neuroscience. Drs. Kurn and Shook have combined their expertise to work in the community educating about improving health by integrating the benefits of mainstream medicine with the rich and valuable practices from many cultures that rely on plants, nutrition, and lifestyle for healing.

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