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Creating a Happy Retirement: A workbook for planning the life you want (Eldercare Series)

Ronald W. Richardson, Lois Richardson

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Our life can be viewed as three stages:

In the first, we are told what to do and when to do it by our parents and teachers.
In the second, our employers give us directions, usually with set working hours.
In the third stage, when we retire, what we do with our time and lives is something we must each decide.

The transition into retirement, with seemingly endless options, can be challenging.

Most books on retirement concentrate on the financial aspects of retirement. This is book does not. This is a workbook crafted to help you plan your own life after work: both long-term and day-to-day. It does not tell you what to do; it provides you with the tools to create your own action plan. The book leads you and your partner through a series of exercises designed to help you understand and focus on what is important to you, and make the decisions which will help give your retirement years a structure. The book includes a access to a kit of forms and exercises; a workbook for planning your retirement.

The book includes access to a download kit of worksheets to use together with the exercises in the book.

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Fernando Minaya:

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