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Simply Allergy-Free: Quick And Tasty Recipes For Every Night Of The Week

Elizabeth Gordon

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Simply Allergy-Free: Quick And Tasty Recipes For Every Night Of The Week Elizabeth Gordon Multiple food allergies are on the rise, and Elizabeth Gordon knows how tough it can be to find meals that your whole family can enjoy safely. She also knows that busy moms don't have lots of time, and that the more economically you can cook, the better. Enter *Simply Allergy-Free*—a lifesaving cookbook, chock full of easy, reliable recipes that you can make any night of the week.

Whether cooking for yourself or a family, *Simply Allergy-Free* has a wide range of recipes for you to enjoy, so that you don't feel stuck eating the same boring recipes week after week. Instead, you can now enjoy Beef Tostadas, Chicken Tikka Burgers, Creamy Thai Coconut Chicken, and other flavorful dishes that will keep your menu varied and your body safe. And if you have a hankering for sweets, this book includes new mouth-watering dessert recipes, such as Caramel Kiss Cookies, Chocolate Pretzel Pie, and Hostess Cupcakes. Gordon’s approach to allergen-free food simultaneously pleases both the most delicate digestive system and the most discriminating palate.

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