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Stop Goal Setting- Do the Work that Matters Most: Follow Your Theme. Simplify Your Life. Find Your Purpose (Success without Goal Setting)

J D Yoder

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Stop Goal Setting Before It's Too Late

New Updates 5-18-15
You were fooled. You were taught to believe that goal setting is the path towards success and happiness. You were taught that in order to get what you want in life you must have written, measurable goals. You took it as FACT.

You were wrong. They are wrong.

There are thousands of books, teachers, courses, lectures, and gurus that train the importance of written goal setting as the path towards success. Until now, you probably took this information as fact. J D Yoder takes a different stance. In ***Stop Goal Setting***, you'll discover your work that matters most (the work you were meant to do) by following a THEME for your life. No more goal setting.

Dump everything you think you know about goal setting and learn to thrive on a general theme. No more fortune-telling and predicting your goals at your kitchen table. No more imaginary dates to predict.

This book is about living the life you always wanted and also taking a look at what really matters. There’s no get-rich-quick advice in here. This is about slowing down and focusing only on the stuff you can change—ignoring the rest.

J D Yoder will show you why you can't achieve your goals, why you limit yourself by creating goals, why written goals cannot be accomplished, and how you can live a life of abundance through ELIMINATING these goals.

This book doesn't encourage laziness or complacency. There's no 'Law of Attraction' to dream about--quite the opposite, in fact.

Inside you'll discover how to design the life of your dreams, eliminate unnecessary stress, and develop the work that matters most (the thing you were meant to do to help others get what they want).

You can have a better life.

You can grow and thrive without a written agenda to create unnecessary stress. You can live a life of abundance, instead of thinking small (with current goal setting).

Inside you'll learn:

*How to discover your truth

*How to develop your theme

*How to find the work that matters most

*How to simplify and thrive

*Learn the Plow principle (and the right way to pursue your dreams)

*The 90/10 principle (and how this ratio will drastically reduce your stress)

*How to become legendary

*How to ship 'art'

*How to live a life of abundance (more than you ever thought possible)

*The one, Simple Question you MUST ask yourself before you make an important decision

...and much more.

It's time to take control of the life you deserve. There's a more natural way to live. When you choose a theme instead of a list of goals, you allow room for abundance and prosperity. You can do the work that matters most and finally live to your full potential.

About the Author:
J D Yoder is an author, recovering neuroscientist, entrepreneur, and martial artist. He takes his obsession for all things physical and psychological, and crafts books to help build a better you.

As a life-long student of the mind, J D brings you along on his journey as he studies different 'hacks' that will help you grow to become a better person- inside and out. J D uses himself as a 'lab' to test the latest (and some of the oldest) theories and practices for improving the mind, body, and soul. J D is the author of the bestseller ***Simple-Live Life Minimal***.

Start your transformation immediately. Click on the 'buy' button at the top and you can start reading this book immediately on your electronic device.

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From reader reviews:

Sheri Furlong:

This Stop Goal Setting- Do the Work that Matters Most: Follow Your Theme. Simplify Your Life. Find Your Purpose (Success without Goal Setting) book is not really ordinary book, you have it then the world is in your hands. The benefit you obtain by reading this book will be information inside this guide incredible fresh, you will get info which is getting deeper anyone read a lot of information you will get. That Stop Goal Setting- Do the Work that Matters Most: Follow Your Theme. Simplify Your Life. Find Your Purpose (Success without Goal Setting) without we know teach the one who reading it become critical in imagining and analyzing. Don't become worry Stop Goal Setting- Do the Work that Matters Most: Follow Your Theme. Simplify Your Life. Find Your Purpose (Success without Goal Setting) can bring any time you are and not make your tote space or bookshelves' grow to be full because you can have it in your lovely laptop even phone. This Stop Goal Setting- Do the Work that Matters Most: Follow Your Theme. Simplify Your Life. Find Your Purpose (Success without Goal Setting) having great arrangement in word as well as layout, so you will not experience uninterested in reading.

Brian Smith:

Reading a publication can be one of a lot of activity that everyone in the world adores. Do you like reading book so. There are a lot of reasons why people enjoyed. First reading a publication will give you a lot of new details. When you read a publication you will get new information due to the fact book is one of several ways to share the information as well as their idea. Second, examining a book will make a person more imaginative. When you studying a book especially hype book the author will bring someone to imagine the story how the personas do it anything. Third, you are able to share your knowledge to other people. When you read this Stop Goal Setting- Do the Work that Matters Most: Follow Your Theme. Simplify Your Life. Find Your Purpose (Success without Goal Setting), you are able to tells your family, friends as well as soon about yours publication. Your knowledge can inspire others, make them reading a book.

Charlotte Lee:

Spent a free time to be fun activity to accomplish! A lot of people spent their leisure time with their family, or their very own friends. Usually they accomplishing activity like watching television, about to beach, or picnic inside the park. They actually doing same every week. Do you feel it? Do you want to something different to fill your current free time/ holiday? Could possibly be reading a book is usually option to fill your totally free time/ holiday. The first thing you will ask may be what kinds of book that you should read. If you want to test look for book, may be the e-book untitled Stop Goal Setting- Do the Work that Matters Most: Follow Your Theme. Simplify Your Life. Find Your Purpose (Success without Goal Setting) can be great book to read. May be it might be best activity to you.

Adam Mathews:

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