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# Love and Forgetting: A husband and wife's journey through dementia

*Julie Macfie Sobol, Ken Sobol*

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# Love and Forgetting: A husband and wife's journey through dementia

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**Love and Forgetting: A husband and wife's journey through dementia** Julie Macfie Sobol, Ken Sobol Freedom 55? The so-called "Golden Years"? What if you are slowly losing your memories and your motor skills? Or what if you are the devastated witness as your partner struggles with dementia? Lewy Body Disease is a form of dementia second only to Alzheimer's in numbers, yet many doctors and almost no lay people have ever heard its name. This is the story of two courageous people, Julie and Ken Sobol, life partners as well as writing partners. Caught up in the frightening and fatal fog of Lewy Body Disease, they started writing this book together. As Ken's disease progresses and his voice dwindles, Julie continues the narration, sharing her sadness, frustration, and attempts to find the best care for her husband. Their chronicling of the ravages wrought by LBD is intelligent, insightful, enlightening, and often humorous. It is at heart a love story.

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