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Healthy Living Box Set: 50 Healthy Habits That Will Help You Live Longer (home remedies, Natural Antibiotics, candida diet)

Nita Calderon, Tina Morgan, Ruby Mccormick, Antoine Dayer, Olivia Green, Sarah Scott

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BOOK #1: Candida: Stopping the Yeast Overgrowth. Candida Treatment Plan With Probiotics

Hundreds of thousands of people all over the world suffer from symptoms of fatigue, chronic yeast infections, bowel and digestive problems, headaches, and dry, itchy skin. You may think these symptoms are vague, and relatively minor, but for some people, they are chronic conditions that can greatly impact their lives. While these symptoms are all annoying on their own, when they exist together, they are often caused by the same nasty fungus: Candida Albicans.

BOOK #2: Detox: 25 Essential Hacks to Purify and Detox Your Body. Revitalize Your Life in Less Than a Week

“Detox: 25 Essential Hacks to Purify and Detox Your Body” is a book about getting healthy and overcoming ingested or absorbed toxins including excess sugar on one week. The liver is the primary focus as it is instrumental in promoting a better metabolism, and immune and digestive systems. It takes a week to effect a change, but you will also get a lifetime of benefits.

BOOK #3: Reflexology: Advanced Foot Reflexology Massage Techniques for Stress and Tension Relief

Reflexology is becoming a popular stress reduction therapy as well as a method of fomenting vital energy within. The more advanced techniques are find a wide usage in healing, promoting a better immune response, and relieving pain.

BOOK #4: Natural Antibiotics: Natural Alternatives to Antibiotics. 25 Herbal Medications to Treat Strep Throat.

Did you know that doctors can do more harm than good when it comes to treating strep throat and other flu symptoms? We are in love with prescribed antibiotics and medications, unaware that those substances are in fact weakening our immune system, making our strep throat issues constantly coming back bugging us. Just as our ancestors, we can turn to solving minor health conditions with herbal remedies that can do only good for us; no side-effects and no additives. Nature has so many amazing things to offer to us and we just need to reach out and use it.

BOOK #5: Herbal Antibiotics: Top 10 Treatments and Home Remedies to Prevent and Naturally Treat Sinus Infections

Modern medicine has made significant advances, particularly in the last century. As a result, people have steered away from the tried and tested natural remedies that have been around for ages, opting instead for the dangerous quick-fixes offered by science. How are these dangerous? Well, the side-effects of these modern miracles are the topic of much heated debate, and many people often overlook the cons of popping a pill for the temporary relief of their condition.

BOOK #6: Natural Antibiotics: The Best Collection of Herbal And Organic Medications To Help You Prevent and Cure Common Illnesses

Learn all the benefits from natural antibiotics

If you feel like modern medicine has let you down, this guide can help you.

BOOK #7: Coconut Oil: Coconut Oil For Beginners - Discover The Magic Coconut Oil Uses For Weight Loss, Stress Relief, Anti-Aging And Vital Health

This book tells you all about the health benefits of using coconut oil in your daily diet and your skin regimen. You may be amazed at the benefits of this simple oil, which has been used in Pacific and Asian countries for centuries, with resultant good health.

Getting Your FREE Bonus

Download this book, and find **"BONUS: Your FREE Gift"** chapter right after the introduction or after the conclusion.

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Myra McKenzie:

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Thelma Cobb:

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