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Hope for the Hollow: A Thirty-Day Inside-Out Makeover for Women Recovering from Eating Disorders

Jena Morrow

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Hungry for Hope?

Approximately eleven million Americans suffer from anorexia, bulimia, and compulsive overeating. Among those not counted in that statistic are those who fall outside of the diagnostic criteria but struggle daily with a poor body image, a fear of gaining weight, and a sense of being out of control. Not merely worldly vanity, these struggles are very much an issue among women in the church, who love and serve the Creator, while struggling to appreciate and care for their bodies as His creation.

Hope for the Hollow is a practical, relevant devotional/ journal guide to gently encourage and inspire women to dare to replace lies with the glorious, revealing truth regarding their bodies. Each of the thirty devotionals includes an applicable passage of Scripture dealing with underlying themes of eating disorders such as guilt, shame, control, fear, and pride. Drawing upon her own experiences as a believer recovering from anorexia, Jena candidly shares her heart and relays the lessons she has learned along the way.

This is a war that is fought and won with both God's word and loving, heart-penetrating encouragement, both of which speak from the pages of *Hope for the Hollow*.

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Hope for the Hollow: A Thirty-Day Inside-Out Makeover for Women Recovering from Eating Disorders can be one of your beginner books that are good idea. Most of us recommend that straight away because this publication has good vocabulary that could increase your knowledge in vocabulary, easy to understand, bit entertaining but nonetheless delivering the information. The article author giving his/her effort to get every word into enjoyment arrangement in writing Hope for the Hollow: A Thirty-Day Inside-Out Makeover for Women Recovering from Eating Disorders however doesn't forget the main stage, giving the reader the hottest and based confirm resource details that maybe you can be certainly one of it. This great information can easily drawn you into fresh stage of crucial considering.

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