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The Miracle Berry Diet Cookbook

Homaro Cantu

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The Miracle Berry Diet Cookbook Homaro Cantu
Former host of Discovery Channel's *Future Foods* and celebrity chef/owner of the restaurant Moto revolutionizes the future of how we eat by using the miracle berry—an all-natural berry that changes the way people taste acidic or bitter foods.

EXPERIENCE THE FOOD REVOLUTION!

What if you could eliminate the sugar from your favorite comfort foods without sacrificing the flavors you love? What if you could alter the taste of your meals so that even the most wholesome dish was as good as dessert? What if the simple solution to years of frustrating health and dieting woes was a small, mild-tasting fruit?

WHAT IF THIS COOKBOOK COULD CHANGE YOUR LIFE?

One of the most innovative chefs of our time, Homaro Cantu unveils the amazing properties of the miracle berry and shares more than 150 carefully tested, scrumptious, and easy-to-follow recipes that can completely transform your diet.

HOW DOES IT WORK?

The miracle berry temporarily blocks your ability to taste sour flavors and makes even the most bitter of foods mouthwateringly delicious. When used correctly, this extraordinary fruit allows you to replace the sugar and artificial sweeteners in your favorite recipes with low-glycemic foods such as lemons, limes, vinegar, and sour cream. The miracle berry can make anyone's life just a little bit sweeter.

The Miracle Berry Diet Cookbook will answer all of your questions, from how this tiny fruit works, to where to get it, and even how to grow it yourself. You'll also learn how to mix "flavor-tripping" cocktails for your friends!

The future of food is here! You may never look at another cookbook again!

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TRANSFORM SOUR FOODS INTO EXTRAORDINARY SWEET-TASTING TREATS!

The miracle berry will alter your taste buds and add new depth to bitter, salty, and spicy flavors. It especially turns sour flavors into sweet ones, eliminating the need for adding refined sugar or artificial sweeteners to your foods and beverages. You can lose weight, lower blood sugar levels, and eat healthier with the miracle berry!

Here is just a brief list of how the miracle berry can trick your taste buds:
• Lemons will taste like lemonade. (Add lemon juice to your coffee instead of sugar!)
• Limes will be as sweet as oranges.
• Even the most flavorless tomatoes will taste perfectly ripe.

• Bananas will have notes of passion fruit or pineapple.
• Hot sauce will have layers of pepper flavors—not just heat.
• Pineapple will taste like pure candy.

MORE THAN 150 DELICIOUS RECIPES!

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From reader reviews:

Michelle Jennings:

Have you spare time to get a day? What do you do when you have far more or little spare time? Yeah, you can choose the suitable activity with regard to spend your time. Any person spent their own spare time to take a stroll, shopping, or went to the actual Mall. How about open or maybe read a book eligible The Miracle Berry Diet Cookbook? Maybe it is to become best activity for you. You already know beside you can spend your time with your favorite's book, you can smarter than before. Do you agree with its opinion or you have different opinion?

Beverly Barber:

Your reading sixth sense will not betray a person, why because this The Miracle Berry Diet Cookbook guide written by well-known writer who knows well how to make book that could be understand by anyone who read the book. Written with good manner for you, still dripping wet every ideas and writing skill only for eliminate your own hunger then you still doubt The Miracle Berry Diet Cookbook as good book not just by the cover but also with the content. This is one reserve that can break don't determine book by its handle, so do you still needing an additional sixth sense to pick this!? Oh come on your examining sixth sense already told you so why you have to listening to one more sixth sense.

Jerri Montgomery:

In this age globalization it is important to someone to acquire information. The information will make a professional understand the condition of the world. The fitness of the world makes the information easier to share. You can find a lot of sources to get information example: internet, newspaper, book, and soon. You will see that now, a lot of publisher which print many kinds of book. The particular book that recommended to you is The Miracle Berry Diet Cookbook this reserve consist a lot of the information with the condition of this world now. This particular book was represented how can the world has grown up. The terminology styles that writer make usage of to explain it is easy to understand. The actual writer made some research when he makes this book. Here is why this book suitable all of you.

Danny Floyd:

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