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Try Not to Breathe: A Novel

Holly Seddon

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Try Not to Breathe: A Novel

Holly Seddon

Try Not to Breathe: A Novel Holly Seddon
For fans of Gillian Flynn, Laura Lippman, and Paula Hawkins comes Holly Seddon's arresting fiction debut—an engrossing thriller full of page-turning twists and turns, richly imagined characters, and gripping psychological suspense.

Some secrets never die. They're just locked away.

Alex Dale is lost. Destructive habits have cost her a marriage and a journalism career. All she has left is her routine: a morning run until her body aches, then a few hours of forgettable work before the past grabs hold and drags her down. Every day is treading water, every night is drowning. Until Alex discovers Amy Stevenson. Amy Stevenson, who was just another girl from a nearby town until the day she was found unconscious after a merciless assault. Amy Stevenson, who has been in a coma for fifteen years, forgotten by the world. Amy Stevenson, who, unbeknownst to her doctors, remains locked inside her body, conscious but paralyzed, reliving the past.

Soon Alex's routine includes visiting hours at the hospital, then interviews with the original suspects in the attack. But what starts as a reporter's story becomes a personal obsession. How do you solve a crime when the only witness lived but cannot tell the tale? Unable to tear herself away from her attempt to uncover the unspeakable truth, Alex realizes she's not just chasing a story—she's seeking salvation.

Shifting from present to past and back again, *Try Not to Breathe* unfolds layer by layer until its heart-stopping conclusion. The result is an utterly immersive, unforgettable debut.

Advance praise for *Try Not to Breathe*

"A razor-sharp plot and wonderfully complex characters . . . Not since *The Girl on the Train* have I been so captivated by a work of suspense."**—*New York Times* bestselling author Tess Gerritsen**

"A fast-paced debut about long-buried secrets and tangled truths."**—*New York Times* bestselling author Kimberly McCreight**

"Engrossing . . . Seddon's storytelling skills are strong. . . . The world she's constructed is fascinating and slightly dark."**—*Kirkus Reviews***

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From reader reviews:

Joyce Jacobs:

People live in this new day of lifestyle always try to and must have the time or they will get great deal of stress from both lifestyle and work. So , when we ask do people have free time, we will say absolutely of course. People is human not really a robot. Then we request again, what kind of activity are there when the spare time coming to you actually of course your answer will probably unlimited right. Then do you ever try this one, reading textbooks. It can be your alternative throughout spending your spare time, the particular book you have read is usually Try Not to Breathe: A Novel.

Kathleen Strickland:

This Try Not to Breathe: A Novel is brand-new way for you who has intense curiosity to look for some information as it relief your hunger of information. Getting deeper you in it getting knowledge more you know or you who still having little bit of digest in reading this Try Not to Breathe: A Novel can be the light food to suit your needs because the information inside that book is easy to get through anyone. These books build itself in the form and that is reachable by anyone, yeah I mean in the e-book form. People who think that in publication form make them feel sleepy even dizzy this e-book is the answer. So you cannot find any in reading a guide especially this one. You can find what you are looking for. It should be here for you. So , don't miss it! Just read this e-book style for your better life along with knowledge.

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