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# Aromatherapy and Subtle Energy Techniques: Compassionate Healing with Essential Oils

*Joni Loughran, Ruah Bull*

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**Aromatherapy and Subtle Energy Techniques: Compassionate Healing with Essential Oils** Joni Loughran, Ruah Bull
Writing for lay people and professionals alike, the cofounders of a system of energy healing that incorporates aromatherapy lay out simple, safe, and effective methods for combining these two therapies. They provide new information about the properties of familiar essential oils, reveal never-before-published properties of less common essential oils, and show readers how to use aromatherapy and subtle energy techniques together to restore a sense of well-being and balance.

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