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Organic Avenue: Recipes for Life, Made with LOVE*

Denise Mari

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Replicate the go-to cleanse for Hollywood A-listers at home with this beautifully designed, lavishly illustrated, and inspiring lifestyle book by Denise Mari, founder of Organic Avenue, the hugely popular juice cleansing and raw vegan lifestyle company.

Denise Mari, founder of Organic Avenue, went from peddling her fresh juices from a backpack in the Lower East Side of New York to opening a booming business and brand. Her delicious, sustainable, and compassionate food has become a favorite of stars like Gwyneth Paltrow, Jennifer Aniston, and Meg Ryan. Now, through this stunning book, her fabulous juice cleanse programs and nutritious, mouthwatering food will be available to readers who care about being healthy inside and out. Enjoy the juices, elixirs, soups, smoothies, salads, entrees, snacks, and desserts—all using pure, nutrient-rich, organic, and raw ingredients—that have transformed Organic Avenue into one of today's hottest brands.

But *Organic Avenue* isn't just about eating. It's about living. Mari tells the moving story behind her brand's healthy philosophy and shares its ideals—sustainability, compassion, dedication to uncompromising quality, and holistic living—offering suggestions everyone can use to detoxify their bodies and transform their lifestyles to become happier, healthier, thinner and more energized, focused, balanced, and inspired.

Illustrated with dozens of gorgeous, full-color photos and beautifully crafted *Organic Avenue* includes adaptable cleanse programs for bright eyes and glowing skin, weight loss, improved stamina, positive thinking, inner calmness, and mental clarity. Feel good and live well with DIY access to Organic Avenue's never-before-published recipes and philosophy for living.

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