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Making Home: Adapting Our Homes and Our Lives to Settle in Place (Mother Earth News Books for Wiser Living)

Sharon Astyk

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Other books tell us how to live the good life—but you might have to win the lottery to do it. Making Home is about improving life with the real people around us and the resources we already have. While encouraging us to be more resilient in the face of hard times, author Sharon Astyk also points out the beauty, grace, and elegance that result, because getting the most out of everything we use is a way of transforming our lives into something much more fulfilling.

Written from the perspective of a family who has already made this transition, Making Home shows readers how to turn the challenge of living with less into settling for more—more happiness, more security, and more peace of mind. Learn simple but effective strategies to:

- Save money on everything from heating and cooling to refrigeration, laundry, water, sanitation, cooking, and cleaning
- Create a stronger, more resilient family
- Preserve more for future generations

We must make fundamental changes to our way of life in the face of ongoing economic crisis and energy depletion. Making Home takes the fear out of this prospect, and invites us to embrace a simpler, more abundant reality.

Sharon Astyk is a writer, teacher, blogger, and farmer whose family uses eighty percent less energy and resources than the average American household. She is a member of the board of directors of ASPO-USA, founder of the Riot 4 Austerity, and the author of three previous books, including *Depletion and Abundance* and *Independence Days*.

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