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The New Positive Thinking: Science, Spirit and the Power of Eternal Now

James Lynn Page

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This is what one experienced spiritual sage said about James Lynn Page's new book: 'The New Positive Thinking is a terrific book – miles above the usual Mind, Body, Spirit material and the best book on this subject ever written. Reading Page is like taking a breath of fresh air.' - Bob Makransky (Author of Magical Living: Essays for the New Age) Forget what you know (or think you know) about the Law of Attraction - The New Positive Thinking is here! In this brand new look at the Powers of the Subconscious, James Lynn Page shows how the Mind really works; how it influences us, our daily lives, dreams and ambitions. This amazing journey into hidden realities reveals why Time doesn't truly exist (but Telepathy does!), how Belief works and why your thoughts don't come from your brain. And what's more, there's support from the New Science for all of this. Quantum Physics shows (beyond a shadow of a doubt) that Life, the Universe and Ultimate Reality is spiritual in essence. And we're made of the same stuff! Naturally, we also have the power to direct this spiritual energy. This book will demonstrate how. Plus, you'll learn how to program the Subconscious for lasting success. This is achieved by entering the so-called Eternal Now, and using the As If Technique: you must behave as if your desired goal exists here and now. This technique gets the correct 'message' through to the Subconscious and tunes into what psychologist Carl Jung called its 'absolute knowledge'. Positive Thinking won't work without it. The good thing is that you don't need special magical training that takes years. No particular skills are involved. Just a change of attitude! This exciting new book shows you how to: * Turn your Inner Mind into a powerful guide * Achieve real Mindfulness and inner tranquility * Solve practical problems with your very own dreams * Change your attitudes - and change your luck potential * Create life enhancing 'magical' coincidence or 'synchronicities'. * Realise your long term ambitions using Creative Visualization This 'how to' manual for the Mind is based on research into the New Physics and the author's thirty years experience with Zen, Visualization, Jungian Psychology and Western Mystery Traditions. And, of course, it's been written to help you achieve your goals. For now, though, all you really need to remember are these eight words from the Buddha: It is your Mind that creates this world

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