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Cast Iron Skillet Recipes: Simple, Delicious, and Easy Recipes Using Your Cast Iron Skillet (Quick and Easy Series)

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Learn how to cook using a cast iron skillet!

Why cook with cast iron?

Cast iron doesn't contain potentially harmful chemicals used in non-stick surfaces on cookware.
Cast iron skillets can be used in both the oven and on the stove.
When seasoned properly cast iron skillets are non-stick.
Cast iron is sturdy, doesn't scratch, and lasts forever.
Cast iron is easy to clean.
Cast iron can be used to cook over any heat source.

Is cleaning a cast iron skillet hard?

NOPE! Cleaning your cast iron skillet is fairly simple – the key is to do it while the skillet is still hot. Unlike traditional cookware, cast iron cookware should be rinsed and cleaned immediately after use without letting it cool first. Simply scrape leftover food from the skillet and scrub using a brush in hot water. Avoid using any soap or steel wool on your cast iron skillet as these things may remove the seasoning.

What recipes does this book include?

We have many great recipes for Breakfast, Lunch, Dinner, & Dessert including:

- Blueberry Pancakes
- Homemade Sausage Gravy
- Tomato Goat Cheese Omelet
- Corned Beef Hash with Fried Egg
- Ham and Cheese Omelet
- Crispy Potato Hashbrowns
- Mixed Veggie Frittata
- Pumpkin Pancakes
- Sweet Potato Hash
- Spinach Red Pepper Crustless Quiche
- Quinoa Veggie Burgers
- Fried Zucchini Fritters
- Coconut Vegetable Curry
- Toasted Ham and Tomato Sandwich
- Herbed Turkey Burgers
- Chicken and Cheese Quesadillas

- Asian Chicken Lettuce Wraps
- Corn Fritters
- Swedish Meatballs
- Tomato Basil Pasta
- Easy Skillet Cornbread
- BBQ Baked Beans
- Spaghetti Squash with Brussels Sprouts
- Vegetable Fried Rice
- Green Bean Casserole
- Curry Roasted Cauliflower
- Herbed Mushrooms
- Garlic Roasted Red Potatoes
- Rosemary Roasted Vegetables
- Sweet Potato Casserole
- Italian-Style Haddock with Fresh Herbs
- Veggie Lovers Pizza
- Chicken Sausage with Sauerkraut
- Skillet Steak
- Chicken and Beef Fajitas
- Chicken and Couscous
- Three Cheese Macaroni
- Shrimp with White Beans and Tomatoes
- Polenta with Spicy Italian Sausage
- Chicken Pad Thai
- Gooey Chocolate Chip Walnut Cookie
- Dark Chocolate Walnut Blondies
- Blueberry Crisp
- Gluten-Free Chocolate Cake
- Cinnamon Rolls with Vanilla Glaze
- Fudgy Chocolate Brownies
- Easy Cherry Cobbler
- Chocolate Brownie with Hazelnuts
- Double Chocolate Skillet Cookie
- Skillet Apple Pie

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Jennifer Howard:

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Jennifer Jackson:

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