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Creating the Perfect Lifestyle

Oli Hille

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Creating the Perfect Lifestyle Oli Hille
[Publisher's Note: This book is an Amazon #1 Bestseller.]

Author Bio: I am regular guy who used to work long and brutal hours for a big corporation. One day I woke up and I had a revelation: "Life is not about working your butt off for someone else - life is about following your passions and creating a fantastic life for yourself and those around you. Life is actually about LIFESTYLE."

I spent the next few years researching success and achievement, and applied the strategies to my own life. I have successfully set goals, made plans and achieved a fantastic lifestyle. So I decided to write a book revealing the strategies and formula that anyone can use to transform their life.

So welcome to a Step by Step Guide to Creating the life of your dreams. How YOU can enjoy success and achievement in:

- Relationships;
- Money;
- Health and Energy;
- Joy;
- Fulfillment; and
- More Time.

The purpose of this book is to help you decide on and then achieve your Perfect Lifestyle.

Book Chapters:

1 - Defining Your Perfect Lifestyle
2 - My Lifestyle
3 - Goals
4 - To Do Lists
5 - Gifts and Abilities Part 1
6 - Your Career
7 - Income Choices: Employment
8 - Income Choices: Own Business
9 - The Best Game in the World
10 - Peers and Peer Groups
11 - The Mother of Creativity
12 - Finding Your Soul Mate
13 - Children
14 - Sleep
15 - Personal Finances 101
16 - Pay Yourself First
17 - Compounding
18 - Passive Income

19 - Double Your Income
20 - Only Buy What You Can Afford
21 - Expenses
22 - Five Ways to Waste Your Day
23 - Five Ways to Waste Your Business Day
24 - Television
25 - Continual Self Improvement
26 - World Travel
27 - Read Widely
28 - University/Critical Thinking
29 - Integrity
30 - You Only Have One Chance to be You
31 - Live to Serve
32 - Little Acts of Kindness
33 - You Must Have a "Purpose" and a "Why"
34 - The Future You 35 - Overcoming Obstacles
36 - Overcoming Fear
37 - Stress
38 - More or Less
39 - Risk and Risk Aversion
40 - Failure
41 - Focus
42 - Bad Times/Challenges Part 1
43 - Determination, Diligence and Perseverance
44 - Limiting Beliefs
45 - Mental Barriers
46 - Words and Self Talk Part 1
47 - Perfect Week
48 - Create Your Day
Bonus Chapter - True Balance
Bonus Chapter - Gifts and Abilities Part 2
Bonus Chapter - My Purpose and My Why
Bonus Chapter - Words and Self Talk Part 2
Bonus Chapter - Bad Times/Challenges Part 2
Bonus Chapter - The Law of Attraction
49 - The Hero Test
50 - The Absolute Fail-Safe Way to Lose Weight, Get Fitter, Be Healthier and Look Sexier!
51 - Exercise and Diet
52 - Your Body is a Temple
53 - Three Keys to Health
54 - Discipline
55 - Saying "No"
56 - XXXX Yourself!
57 - Lies You Have Been Told
58 - Age Is No Barrier!
59 - How to Love Mondays
60 - Feeling Great!
61 - Just Three
62 - Sixteen Tips for Making Money

63 - Quick Tips for a Better Lifestyle
64 - New Retirement
65 - Before You Die Read This
Summary of Critical Principles and Action Steps

Tags: Success, Motivational, Achievement, Financial Freedom, Peak Performance, Self Help, Self Help Book, Personal Development, Self Help Program, Self-Help, Change My Life, Lifestyle, Passive Income, Vacation, Holiday, Early Retirement, Money, Income, Real Estate, Christian, Perfect Life, Freedom, Christianity, Significance, Contribution, Respect, Faith, Joy, Abundance, Life Style

This book contains the strategies and the formula for creating a Fantastic Lifestyle. I hope you enjoy reading it as much as I enjoyed writing it.

Oli Hille
Author

People Referenced:

Oprah Winfrey, Tony Robbins, Anthony Robbins, Zig Ziglar, Jim Rohn, Robert Kiyosaki, Donald Trump, Brian Tracy, Rick Warren, Joel Osteen, Jack Canfield, Brendon Burchard, Napoleon Hill, Malcolm Gladwell, Steve Pavlina, Wayne Dyer, Stephen Covey, Vic Johnson, CS Lewis, The Bible, Mother Teresa, Og Mandino, Nelson Mandela, Dale Carnegie, Vincent Lombardi

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